



Employee Assistance Program Introduction

Arlyn Gonzalez, MSW, LCSW, CEAP EAP Director

Vision and Mission



Our Agency's Vision and Mission

Vision

Our Madison: Inclusive, Innovative, & Thriving

Mission

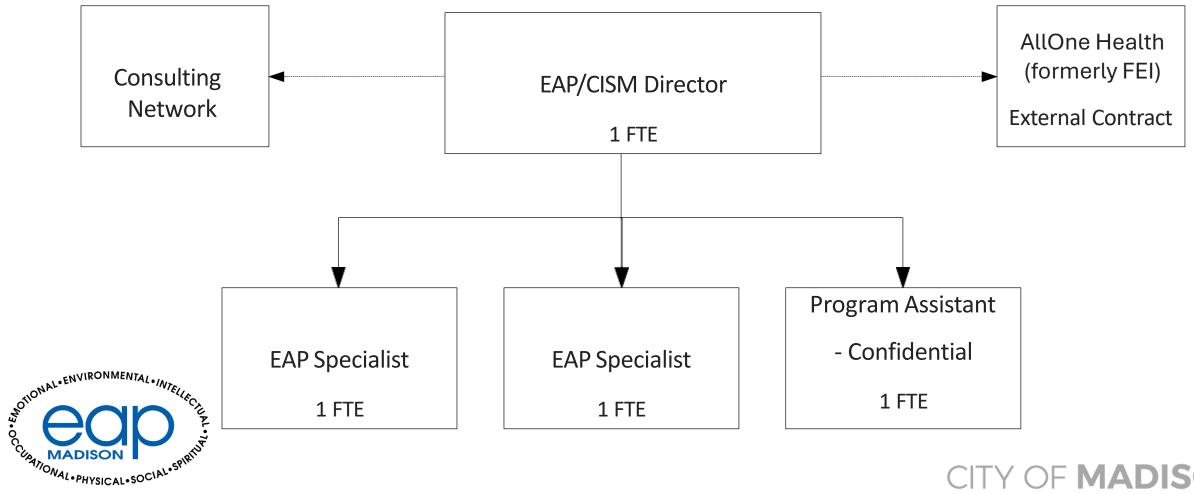
The mission of the City of Madison Employee Assistance Program (EAP) is to provide 24-hour personalized and culturally inclusive counseling, management consultation, resource referral, education, and trauma response for both work and personal problems. The services are free and always voluntary for staff, their family members (in your household) and significant others, as well as retirees.

Our organization's most important assets are its employees and their health and overall well-being. We are committed to providing confidential services designed to help City employees prevent or resolve personal, family and workplace problems. We strive to create and support workplaces where individuals with diverse backgrounds and experiences can feel empowered and flourish in the organization.

Structure, Services, and Staff



Structure



Services

General EAP to Employees/Families

- Mental Health issues
- Work-related stress
- Relationships
- Trauma
- Substance Abuse
- \cdot Grief and loss
- Aging parents
- Job performance

Organizational EAP Services

- Training/Prevention
- Supervisor/Union
- · Work group
- intervention
- Conflict mediation
- Return to work assistance

- Critical Incident Stress Management
- Workplace Violence
 Prevention
- · Defusing/Debriefing
- · Grief support
- Pre-incident training

- First Responders/ Peer Support
- Peer Support Teams oversight
- Specialized training
- Family support
- Statewide advisory

Key Staff

Arlyn Gonzalez, MSW, LCSW, CEAP EAP Director agonzalez@cityofmadison.com

Tineisha Scott, **MS**, **LMFT-IT**, **CEAP** EAP Specialist <u>TRScott@cityofmadison.com</u>

Brooke Villella, **MS**, **CRC**, **LPC**, **SAC-IT** EAP Specialist <u>bvillella@cityofmadison.com</u>

Tara Armstrong, EAP Program Assistant <u>TArmstrong@cityofmadison.com</u>









Common Citywide Collaborations



Common Citywide Collaborations

Staff in our agency most often collaborate with these agencies across TeamCity:

Agency	Topic(s)
Human Resources	 Consultations with managers Employee Return to Work Trainings through OD Other workplace related topics
Police and Fire	Critical Incident ResponseOversight of Peer Support Teams
EAP staff work with all departm	ents across the City as needed.

'Y OF **MADISON**

Boards, Committees, Commissions

Our agency staffs the following City of Madison Boards, Committees and Commissions:

The EAP does not staff any boards, committees, or commissions.



Agency Resources

Inclusive – Innovative – Thriving

Our Agency's Key Links

- <u>EAP APM 2-12</u>
- <u>CISM APM 2-15</u>
- <u>EAP Website</u> (internal EAP)
- AllOne Health Website (external EAP provider)

- <u>Wisconsin State Statutes</u>
- Madison General Ordinances
 - Employee Assistance Programs, 3.04
- <u>Council Resolutions</u>

Our Agency's Acronyms

Common acronyms used by our agency include:

EAP	 Employee Assistance Program
CISM or CIR	 Critical Incident Stress Management or Critical Incident Response
AllOne Health (formerly FEI)	Our external EAP provider





Let's Connect!

Employee Assistance Program

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