



Employee Assistance Program Alder and Resident Frequently Asked Questions (FAQ) & Answers

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FAQ Overview



Frequently Asked Questions

Alders and Residents commonly ask our agency the following questions:

Questions How does the EAP work? Who can use the EAP? What is management and supervisor consultation? What kind of EAP training does EAP provide? What is a critical incident?

FAQ Answers



How does the EAP work?

Free

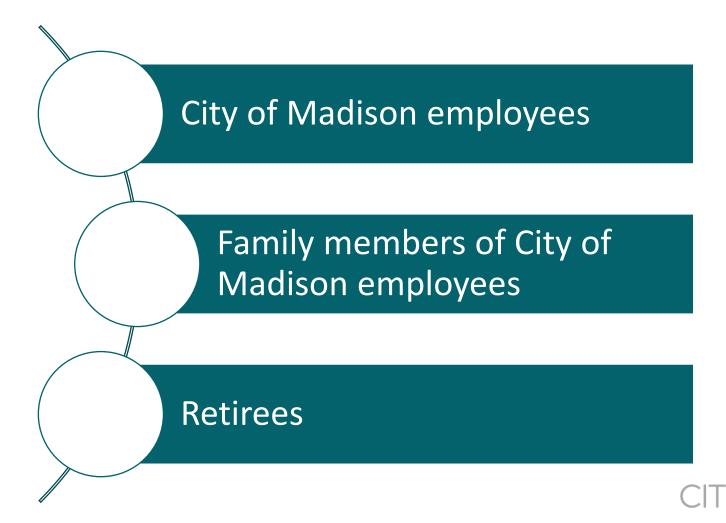
Confidential

Voluntary

GOAL: to maintain healthy and productive employees through brief support and referral services



Who can use the EAP?



What is Management and Supervisor Consultation?

When managers and supervisors experience EAP-related situations with employees and they request assistance

- Recognizing personal and/or performance problems
- Providing feedback to an employee
- Holding employees accountable while also supporting them
 - Substance use, personal issues, mental health concerns, etc.
- Exploring conflict resolution within units
- Adjusting to operational or structural changes impacting individuals' work
- Responding appropriately to critical incidents

What kind of training does EAP provide?

- Various topics
- Adapting to current trends and needs
- Help connect units to trainers like AllOne
- Examples:
 - Trauma-Informed Customer Service
 - Trauma-Informed Living
 - Conflict Management
 - Suicide Prevention
 - New Recruit Trainings

What is a Critical Incident?

CRITICAL INCIDENT RESPONSE

These are events <u>outside</u> the <u>usual</u> range of experience for most people and which would be markedly distressing to almost anyone.

A Medical Emergency

Acts of Violence

Suicide

How Our Agency Provides Customer Service



We Provide Customer Service By...

EAP Website

 Makes information about the EAP accessible to employees and their family members.

Telephone

• Employees and their family members can reach us at 266-6561 during regular business hours or our external EAP, AllOne, may be contacted 24/7 at 1-800-236-7905.

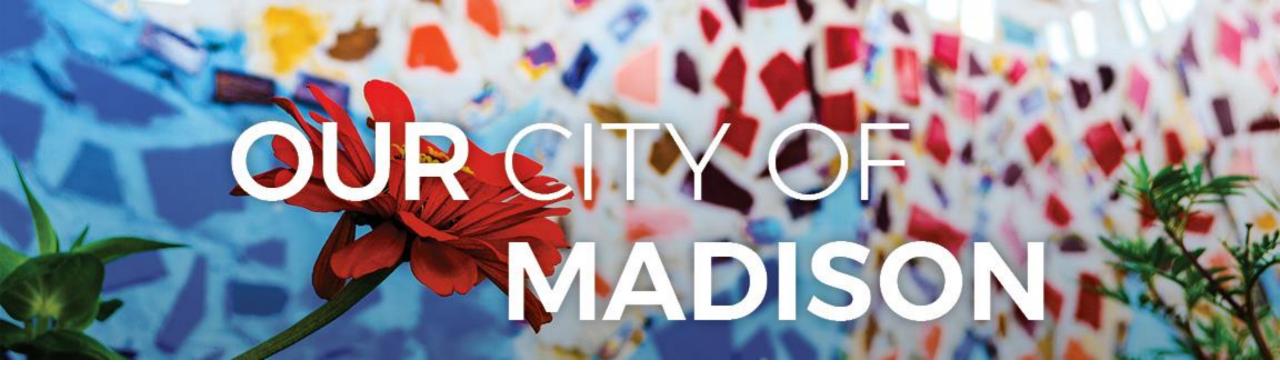
Email

Employees may email us to schedule an appointment at eap@cityofmadison.com.

In-person

• To protect the privacy of those who use EAP services, our office is not open for walkin appointments. EAP counselors primarily meet with employees virtually.







Stay Connected! Employee Assistance Program

eap@cityofmadison.com

608-266-6561