

How To

Find Help and Protect People of All Ages from Abuse

These are extraordinary times. Due to the challenges of COVID-19, every Madison family needs a little extra support. Our How To series provides a list of community resources that can help.

Nobody ever deserves to be abused.



If you are concerned about your own safety or that of your children, there are a number of helplines available to those experiencing violence and abuse:

- » Domestic Abuse Intervention Services (DAIS) is available 24/7. Call **(608) 251-4445** or **(800) 747-4045**. Website at tinyurl.com/DAISDane.
- » UNIDOS LA RED (in Spanish) is available 24/7. Call 1-**800-510-9195** (toll-free). Website at tinyurl.com/UnidosWI.
- » The Hmong Family Strengthening Helpline (in Hmong and English) is available 24/7. Call **1-877-740-4292** (toll-free). Website at tinyurl.com/HmongFSH.
- » The Deaf Unity Helpline can be contacted 9 a.m.-10 p.m. Monday-Friday and staff will return your call as soon as possible. For any other time contact the National Domestic Violence Hotline. **TTY 1-800-787-3224** or **(206) 518-9361 (Video Phone Only for Deaf Callers)**. Website at tinyurl.com/DeafUnity.
- » Freedom Inc. supports victims and survivors of domestic violence, intimate partner violence, and/or sexual assault. Serving Low- to no-income Black and Southeast Asian women, girls, and LGBTQ+. Call **(608) 630-8901** or e-mail info@freedom-inc.org. Website at tinyurl.com/FreedomDane.
- » The LGBTQ Anti-Violence Resource Line can be reached by calling or texting **(414) 856-LGBT (5428)**. This is not a 24-hour hotline, calls returned within 24 hours during the week, longer on weekends. Website at tinyurl.com/LGBTAVRL.
- » The National Dating Abuse Helpline is available 24/7 focused on teens and young adults and available also to those concerned about them. Call **1-866-331-9474** (toll-free). Website at tinyurl.com/NationalDAH.
- » If you are in immediate danger, call 911.



If you are concerned about possible abuse or neglect for vulnerable members of our community Dane County Human Services has helplines to report your concern (website at tinyurl.com/DaneCoHS):

- » For Children (0-18), Child Protective Services (CPS) can be contacted 7:45 a.m. – 4:30 p.m. Monday-Friday: **(608) 261-KIDS (5437)**. Non-business hours: **(608) 255-6067**.
- » For Adults with Disabilities (18-59) and for Elders (age 60 or over) Adult Protective Services can be contacted 7:45 a.m. – 4:30 p.m. Monday-Friday: **(608) 261-9933**. Non-business hours: **(608) 255-6067**.
- » If the person is in immediate danger, call 911.



CITY OF
MADISON