

Live Well @ Your Library Event Series



Join a new series of **FREE** multicultural, multigenerational, multisensory wellness events for adults from Madison Public Library that will feature:

- Movement and yoga
- Community conversations
- Collaborative creative art and healing projects

4th Sunday of the month from June-August + a full-day event in September. See locations online.

Register to attend at:
madpl.org/livewell

All events center the experiences of Black, Indigenous and People of Color with allies welcome.



Curating Ideas. Cultivating Actions & Connecting Hearts

Reflection > Renewal > Restoration > Celebration