MADISON SENIOR CENTER

MISSION

The Madison Senior
Center involves
older adults as
leaders, teachers
and learners
and provides a
balanced, diverse,
and coordinated
program that acts
as an ideal
model for aging.



2015 Annual Report



Welcome

The 2015 Annual Report gives you a snapshot of programs, services and activities available here to older adults. I'm honored to work with an excellent staff, but our efforts are only possible because we collaborate.

The City of Madison is an important collaborator, providing this building and our staff. City Channel, producer of the **Senior Beat** cable show, and other City agencies collaborate with us to serve you.

All aspects of our operation benefit from volunteers. Leadership volunteers, like those on our Advisory Council, Committee on Aging, and Foundation Board, ensure thoughtful decisions. Our front desk reception and nutrition programs would not exist, if not for dedicated volunteers collaborating with us.

Our business sponsors bring essential programs to you. Programs on senior benefits and opportunities come to us through colleagues in non-profit aging organizations. Newsletter advertising, program sponsorships and many pro bono gifts, like food items and services, are collaborations. Your financial gifts are a collaboration with us, too!

We are proud of these many, successful collaborations, and we appreciate ALL of our many partners for their support of our efforts.

Wristine X. Deally Christine K. Beatty, Director

2015 STATISTICS	
Number of Visits	38,828
Daily Average Visits for	
Senior Center Programs	101
Unduplicated Program	
Participants 55+	889
Number of Volunteers	491
Hours of Service	9,098
(Equivalent to 4.4 Full-Time Staff	f)
Total Number of Events	2,777
Rental Income	\$26,945
Number of Donors	246
Average of 10.3 Senior Center	
Sponsored Programs Each	Day.

What We Offer

Computer Instruction
Dance and Exercise
Life-long Learning Classes
Workshops and Training
Support Groups
Health Screenings
Wellness Activities
Special Programs
Senior Services and Referral
Volunteer Opportunities
Meals and Nutrition Education
Intergenerational Programs
Music and Entertainment
Leadership Opportunities

FRONT COVER: Marie Chavez and other participants enjoy the summer luau on a beautiful day. Edward Powe talks to a balance professional during the Health and Resource Fair.

2015 Highlights

Administration

Policy & Procedures Handbook revised Staff trained on RecTrac, MUNIS and Tyler software systems Foundation By-laws revised Corporate sponsorship program responsibility of Volunteer Coordinator Resource listing for homeless and Latino senior adults developed

Community Development Division

Participate in CDD Funding Process study Poevelop plan for 2016 senior adult services RFP with indicators of success, criteria for review, service report and application Committee on Aging (CoA) recommended 8 agencies and 15 senior programs totaling \$733,175 and additional EOP and Brittingham funds of \$11,430 approved Learned Provider Gateway software for senior contracts CoA reviewed City Housing Plan

Financial

City returned \$12,437 Foundation funds from previous balances • OASIS dollars in grant status (roll-over) • Foundation provides funds for other agency programs offered here • New accounting service found and new investment firm employed • Donor matching campaign developed with gift of \$5,000 • Sponsorship levels and program revised

Facility

Floor refinished; kitchen hood/vents project completed with new baffled filters **Y** TV cart assembled and two large TVs purchased **Y** Courtyard tall poles got new LED tops, investigated corroded wiring, walkway lights purchased **Y** Stumps removed and tree branches trimmed in courtyard **Y** Two AEDs installed

Promotional/Marketing

Programs featured in Mayor Soglin's blog Volunteer email sent twice each month to promote programs UW Marketing students completed marketing project Set up Facebook and Twitter accounts

Programs/Events

"Healthy Habits for Adults" program launched 🎔 6TH Grade Essay event featured Dr. Cheatham and involved over 800 MMSD students > BEAM tours developed with 2 museums • Mental Health First Aid offered for professionals > Two programs presented off-site at Monona Terrace Offered free hearing screening
Wingra Quintet and harpist performances > Author series held monthly; collaboration with Central Library and Mystery to Me bookstore > Financial series offered with Summit Credit Union > Luau event > Coalition Anniversary Picnic > Health & Resource Fair implemented Photo Affair showcased 17 photographers **P** FOW sold wreaths, offered Classic English Tea ♥ Li Chiao-Ping Dance classes AARP tax program
VFW Dinner and Concert ♥ Valentine Songs performance ♥ Prairie Bayou Cajun Band **P** Broadway, The Golden Age **P** Artful Affair art show opened with Gallery Night

Volunteer Services

11 Foundation Board, CoA and Advisory Council members recruited Background Check Policy implemented Volunteer section added to website Quarterly trainings established for Front Desk staff Volunteer Program evaluation completed Recruited 25 Chancellors Scholars (UW minority students) Added new volunteers to Elder Wisdom (4), preschool program (16) and Dialogue Across the Ages (13)

2015 Staff Changes

FAREWELL to Excellent and Dedicated Senior Center Staff

Pat Guttenberg retired May 2015 after serving as Program Coordinator for 6 years. In addition to increasing programs, she developed the Health & Resource Fair and corporate sponsorships.

continued on p.6

Thank you . . . Thank you. Your Gifts Make Programs

CORPORATE SPONSORS

BrightStar Home Health United Oak Park Place The Waterford of Fitchburg Visiting Angels

GRANTS

Healthy Classrooms Foundation

CHAMPION (\$500+)

Anonymous Bruce & Grace Frudden Lois Hindhede Robert Keller PLATO

BENEFACTOR (\$250 - \$499)

Christine Beatty
Harry & Susan Engstrom
Marguita Fox
Sally Miley
Don Reeder
Joyce Schneider
Shomos Family Foundation
Steinhauer Charitable Trust

SUPPORTER (\$150 - \$249)

Deborah Bissonnette Ronald Bull Jim Clum Reta Harring Margaret Rentmeesters Margaret Rice David Westring Kathleen Whitt

FRIEND (\$50 - \$149)

Shirley Aasen Toni Amundson Kim Banks Iane Bannerman Maurice Better Jean Blackmore Rita Bloomfield Lauren Blough Mary Boyd Kay Bradley Mary Caulfield Evonna Cheetham Memee Chun Charles Cornwell Brian Duffy Joseph Elder Evelyn Fahrbach Ann Falconer Felicitus Ferington Lorrie Formella **Bob Frambs** Susan Frikken Booker Gardner Lucy Gmeindert-Borcherding Shirley Haidinger Kathy Heimann Charlotte Holzman Terry Huxtable Steve Jaeger Gail Jobelius **Jesse Kehres** Ronald Klein John Koch Doris Kox Lawrence Kruger Paul Kusuda Abraham Landsman Norman Leer Leon Lindberg Ruth Meier Anton Miller

Iim Moore

Susan Munson Sigdor Petersen Dave Potter
Karthik Ramachandra
Ruth Sandor
Ellie Schatz
Lawrence Schrader
Barbara Schwab
Estelle Singer
David Sulman
TOPS WI #124
Gerald Thain
Audrey Tommerson
Carol Toussaint

CONTRIBUTOR (UP TO \$49)

Al Anon Alpha Sigma Chapter of ESA Habib Amim Anonymous Eloise Barrett Susan Barthel Dorothy Bollant Betty Burkard Edna Canfield Hildy Feen Dani Fossum Anna Garner-Strickon Robin Harris Marilyn M. Haynes Susan Hoffman Michael Jackson Mary Karau Maud Karlsson **Jeanette Kistner** Annette Knapstein Abbie Loomis Ioan Lundin Ann Ostrom Stephanie Pasciak Kathy Poole Elaine Rattunde Sylvia Schoff Betty Schuchardt Betty Scott Pauline C. Scott Kathleen Shurts

and Activities Possible. Thank you . . . Thank you.

Judith Siegfried John Smart John Sorenson Bhavani Sridharan Mary Ann Steckling Joanne Storlie Georgene Vitense Yvonne Vitense Doris Wallsch Lee Weiss Sarah Whitt Barb Williams Sol Zaichick

IN-KIND

Sam's Club

Pamela Allen Sarah Alt Artist & Craftsman Supply Barnes & Noble Bassett Street Brunch Club Bimbo Bakery Brennan's Market Buffo Floral Capitol Centre Market Dennis Carey Clasen's Bakery CAC Gleaners Cathy Conrad Creative Expressions Culver's Donna Danowski Felicitus Ferington Four Star Video Heaven Gail Ambrosius Chocolatier Gaylord Catering Pat Guttenberg James Lamal Madison Opera Donna Napoleone PDO Panera Bread Petal Pushers of WI Jane Qualle Mary Kaye Radtke Rose Cottage

Schoep's Ice Cream Margo Simpson SI & the Crafty Senior Mark St. Francis Sally Stein Stella's Bakery Studio 924

The Bruce Company Trader Joes Victoria's Garden Whole Foods Market Willy Street Co-op Yahara Bay Distillers Yahara String Quartet

REMEMBRANCE DONORS

IN MEMORY OF

Claude Banks by Merl Banks Arlene Baumann by Carl Baumann Ellouise Beatty by Marvin Beatty Jim Christensen by Arlene Hart John Garver by Fanny Garver Miriam Kerndt by Lois Karn by Arlene Hart *Ioel Kobrin* by Ronald & Barbara Klein Gloria Landsman by Abe Landsman Ilka Lozano by Nicolina Tack Mom & Dad by Ron Cook Ginny O'Brien by Betty Nicka Hazel Olson by Jim & Donna Danowski Rita Salber by Karen Cator Donald Sampson by Janaan Sampson Ed Schneider by Joyce Schneider Wil Selbrede by Joanne Storlie

John Sheskey by Barb Maly Merle & Dorothy Shinstine by Kathy Davis Tyyne Slick by Dan Slick & Katie Kazan Basil Tsotsis by Ruth Tsotsis Al Weitz by Janet Weitz

IN HONOR OF

Pat Guttenberg by Ruth Tsotsis Martha Nicholson by Kelleigh Satterfield Ginny O'Brien by Betty Nicka

IN APPRECIATION OF

Christine Beatty by Marge Engelman Pat Guttenberg by Carla & Michael Di Iorio by Arlene Hart Jim Lamal by Arlene Hart MSC Programs & Services by Shirley Dettmann by Joan Murray by Joyce Schneider by Joe & Jeanne Silverberg by Ellen Skatrud MSC Staff

by Audrey Tommerson

Financial Support

CITY OF MADISON

The City of Madison Operating Budget provides about 95% of the total Senior Center budget. The City pays for salaries and operating expenses. The following lists the operating budget and OASIS grant expenses/income.

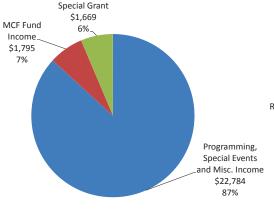
Total Expenses	\$538,266
Less Rent/Grant/Other	(49,224)
Other Building Operating	7,877
Supplies	12,203
Services/Utilities	46,400
Salaries & Benefits	\$521,010

PARTNERSHIP FUND

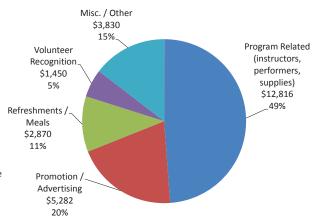
The Partnership Fund pays for programs and activities–including a multitude of educational classes, wellness activities, and performances. Associated expenses include instructors, refreshments, volunteer recognition and advertising. This fund is largely comprised of program and activity income. Individual donations and program

sponsorships, which are managed by the Madison Senior Center Foundation, are important in helping meet yearly budgets. The Madison Senior Center Foundation, a 501(c)(3) organization, is dedicated to assisting the mission of the Madison Senior Center.

INCOME: \$26,248



EXPENSES: \$26,248



DEVELOPING A PROGRAM FOR SENIOR ADULTS

Sometimes people have really, really good ideas. Take Susan Frikken, a physical therapist, who proposed a ballroom dance class for senior adults needing help with their balance. She noticed that a PT exercise for an uninspired patient was similar

in movements to the rumba, and she was off and well, dancing! With colleagues Megan Bjella and Susanne Galler and the sponsorship of the Madison Senior Center, she developed a curriculum, pre and post testing, and the class, *Ballroom Basics for Balance*. Now offered regularly and positioned to be in new Dane County locations, a good idea may become a senior program that enhances participant health and safety. The Madison Senior Center congratulates Ms. Frikken and delights in another great collaboration!



Ballroom Basics for Balance collaboration with Central Library.

Staff Changes, continued from p.2

Debbie Mason, our Intergenerational Coordinator for a year, moved to Milwaukee to be closer to her family.

Suzanne Smith, a part-timer since 2007, worked closely with front desk folks. She plans to continue as a volunteer.

Casey Zimmerman, with the CATCH Healthy Habits program, was also an intern. Although her position ended, she hopes to teach exercise classes here.

WELCOME to New and Exciting Staff Contributors

Laurie Bibo led the CATCH Health Habits program since 2011. Her grant-funded position ended, but she continues as our new part-time Intergenerational Coordinator.

Gary Flesher joined our staff after previous work at Monona Terrace. As a full time Clerk/ Typist, he oversees the front desk and does administrative tasks.

Laura Hunt, chosen as Program Coordinator in June 2015, brings experience from many roles with the YMCA and as Program Manager at the North Eastside Senior Coalition.

COMMITTEE ON AGING

Edna Canfield Paul Kusuda
Felicitus Ferington James Lamal
Thomas Frazier Rosemary Lee
Michael Jackson Mary Jo Rimkus
Faisal Kaud Michael Verveer
Rebecca Kemble Kathy Whitt

ADVISORY COUNCIL

Catherine Bloomer Ben Obregon
Paul Buckalew Jane Qualle
Edna Canfield Margaret Rentmeesters
Donna Danowski Joyce Schneider
Booker Gardner Daryl Sherman
Sandra Golden Audrey Tommerson
Reta Harring Dave Westring

MADISON SENIOR CENTER FOUNDATION BOARD MEMBERS

Thomas Buresh Harry Engstrom Marguita Fox Reta Harring

Diane Hughes

James Lamal Sally Miley Paul Reilly

Margaret Rentmeesters

Brian Holtz

2015 LEAD VOLUNTEERS

Sarah Alt Dennis King Viletta Arneson Diane Kulick Ed Birzer Jim Lamal Marie Chavez Darline Pearson Alice Covne Iane Oualle Daryl Sherman Donna Danowski Evelvn Fahrbach Mark St. Francis Felicitus Ferington Sally Stein Tom Frazier Kathy Theis Reta Harring **Audrey Tommerson** Kathleen Whitt Gil Hillman Diane Hughes Dee Wylie Sandra Jones



The Madison Senior Center Promotes Successful Aging

Senior Center Staff

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Building ServicesJeff Thompson, 266-6581
Clerk TypistGary Flesher, 267-8651
Intergenerational CoordinatorLaurie Bibo, 267-8673
Attendants Kelly Bender, Amanda Birrenk Christopher Daly, Tom Wilcze
Interns Maria Bakker Marissa Braun

Iessica Faust

kott, ewski